
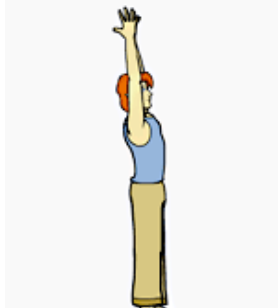
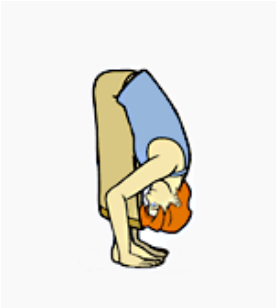


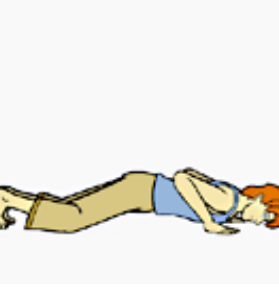
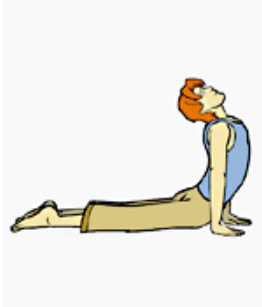

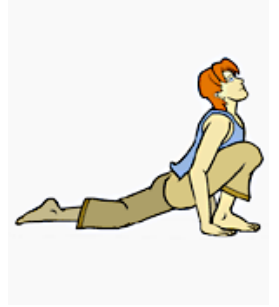







La salutation du soleil¹

1. 	2. 	3. 
4. 	5. 	6. 
7. 	8. 	9. 
10. 	11. 	12. 

¹ Source : <http://www.abc-of-yoga.com/yogapractice/postures.asp>
Vidéo en ligne