

Scenario  
3



# MY FRIENDS ARE MEAN

**“I’m the only girl in my class who has entered puberty. I’m the biggest, even though I’m not the oldest. My friends say that I have big breasts. None of them have breasts. I feel different. I try to hide them by slouching, but my parents tell me that I’ll have a humped back if I keep doing that. Going through puberty or having big breasts doesn’t interest me at all. A few girls don’t talk to me because of my breasts. I want to tell them that it’s normal, but how?”**

What does this person feel?

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What are their concern?

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What can this person do for reassurance?  
What advice would you give them?

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Who could this person talk to if they have questions?

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