

Scenario  
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# OTHER PEOPLE LOOKING AT ME

**“I overheard a conversation my parents were having about my puberty. Since then, I’ve had a hard time looking them in the eyes. I feel uncomfortable.”**



What does this person feel?

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What are their concern?

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What can this person do for reassurance?  
What advice would you give them?

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Who could this person talk to if they have questions?

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